

# YOUR SWOT ANALYSIS



*Be honest with yourself and really dig deep to get as much down as possible. Well informed is well equipped to start taking you in the right direction. This is not a one-off exercise; you need to keep coming back to this to review how things look as you, my superstar, start to achieve the things you really want.*

<b>Strengths</b>	<b>Weaknesses</b>
<b>Opportunities</b>	<b>Threats</b>